

ASCHP CIRCULAR MARCH 2021



We need more 'rain makers'



Here in Gauteng it has been raining lavishly on our smallholding this summer. We are of course very grateful and accordingly I remarked to a friend the other day that it was so exceptional and blessed to get in excess of 600mm rain this season,

but the friend reminded me rather somewhat sardonically that it was after all 'the natural order of things' to rain sufficiently in the summer in our area.

This phrase '*the natural order of things*' reminded me of the story shared by psychotherapist Carl Gustav Jung, a story told to him by his friend Richard Wilhelm:

"There was a great drought [in the part of China] where Wilhelm lived; for months there had not been a drop of rain and the situation had become catastrophic. The Catholics made processions, the Protestants made prayers, and the Chinese burned joss-sticks and shot off guns to frighten away the demons of the drought, but with no result. Finally, the Chinese said, 'We will fetch the rain-maker.' And from another province a dried up old man appeared. The only thing he asked for was a quiet little house somewhere, and there he locked himself in for three days.

On the fourth day the clouds gathered and there was a great snow-storm at the time of year when no snow was expected, an unusual amount, and the town was so full of rumours about the wonderful rain-maker that Wilhelm went to ask the man how he did it."

The rainmaker explained that surprisingly he did not make the rain, but simply lingered in meditative state until he was back in harmony (Tao) again to restore the natural order of things that he had found to be interrupted in the province.

Isn't this a wonderful lesson for counselling, as the overarching purpose of the counsellor is to restore *the natural order of things*, so that ...

- The family that is disrupted may enjoy harmony again
- The divorcee that is in turmoil may experience peace again

- The upset child may find joy again, and
- The bereaved may celebrate life again.

Furthermore, the principle of the 'the natural order of things' is a reminder that this is not accomplished by dramatic intervention of coerced leverage for being therapies supersede doing therapies. Be sure that nature creates its own subtle order and finds its own deep harmony; all we need to do is to align ourselves to its frequencies and flow along with its curves. Perhaps we are all to become 'rain makers'.

NEWS

- **ASCHP audit.** We are still awaiting the outcome of the recent five year cycle SAQA audit, but our registration is still valid until the end of June '21. Hopefully it should be finalised before the expiry date.
- **POPI Act.** Recently a member of the ASCHP objected to the publication of his name on the website. We can assure members that the ASCHP subscribes to The Protection of Personal Information Act 4 of 2013 (POPI Act) not to abuse or compromise personal information of members. We do, however, not construe the publishing of a membership list as a violation of your privacy as the rationale is to inform the public about our counsellors in the context of marketing their services. Should a member feel that they for some or other reason do not want to be listed, please inform the office via e-mail to remove your name from the website.
- **Competition.** A kind manufacturer has donated sophisticated screening and bio resonance treatment devices for a competition between our members. More information will be made available soon in a separate circular.

Wishing you an abundant rainy season,

Dr. Liezl Herholdt

MANAGING DIRECTOR ASCHP