



ASCHP January 2024 Welcoming Letter

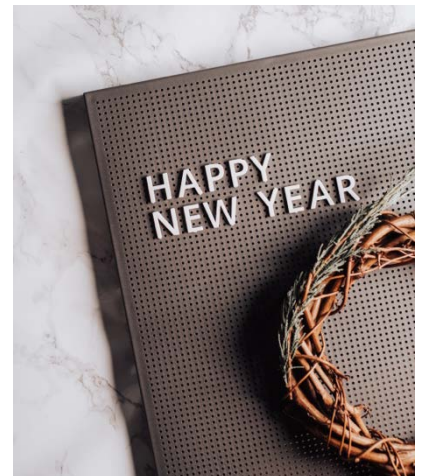
Dear ASCHP Members,

It is with great enthusiasm that I welcome you back after the holidays, ushering in the promise and potential of a brand-new year—2024.

May this year be a canvas painted with success, growth, and shared accomplishments.

As we collectively embark on this journey, let's embrace both the opportunities and challenges that lie ahead. Our strength lies in unity, and together, we can achieve remarkable feats.

Remember, success is not just an individual triumph but a testament to our collaborative efforts. As a result, the ASCHP is here to assist you during this journey with the same enthusiasm and professionalism as in previous years. You can look forward to a wide variety of interesting CPD topics to choose from, a new wellness magazine on the horizon, providing you with an insight into all wellness-related topics and other exciting new online platforms to assist you in making the completion of CPDs and other online courses easier to access and to track your progress.



To set the tone for a fulfilling year, consider this a friendly reminder to kickstart your Continuous Professional Development (CPD) activities early. By doing so, we ensure that we not only meet but exceed our professional goals, contributing to our personal and collective success.

Here's to a year of learning and prosperity by actively engaging in the one thing that unites us all: creating a community that is not only healthy but well in all aspects of life.

Best regards,
Dr Liezl Herholdt (CEO)