

CPD TRAINING

Circular – January 2025

Please note that completing signatures is compulsory.

CPD training is often undervalued for its worth, for it is really the hallmark of professionalism. It builds capacity in the field of expertise beyond initial academic training and furthermore, the CPD process helps the counsellor manage their own progress on an ongoing basis to enhance professional development and contribute to occupational specialization.

IMPORTANT NOTE:

THE LAST DATE FOR CPD SUBMISSIONS FOR 2025 IS:

- 28 NOVEMBER 2025-

THREE OPTIONS TO COMPLETE CPD's:

1. Email Elsie at cpd.liedani@synergetica.co.za to receive your order form and to find the list of available CPD modules for the 2025 CPD cycle
2. Access it from the VNI online platform: Find presentations of our CPD providers in recorded format - <https://elearn.edunomix.education/#/aschp-cpd-2025>
3. Access it from the online VideoLearn platform: For all compulsory and (All "inhouse" CPD's) - <https://www.videolearn.co.za/Home/InstructorCourses/254f33d0-2834-4565-b82f-01e119cc970f>

CPD Topics for 2025

1. CPD 25.1 – Workplace Ethics
2. CPD 25.2 (A) – Wellness Principles
3. CPD 25.2 (B) – Wellness Theory (Advanced)
4. CPD 25.3 – Workplace Wellness
5. CPD 25.4 – Improve your counselling communication skills
6. CPD 25.5 – Screening a client
7. CPD 25.6 – Counsel with confidence

- If we understand CPD correctly it will help the member adopt a positive attitude and feel gratitude for being able to participate in such a process which has the following key features:
- It is a self-directed process that ought to be driven and activated by you, not the professional body.
- Set goals and objectives for the expertise you aspire to achieve.
- Requires you to engage in reflective learning and review of your knowledge or experience base and competencies.

From the side of the ASCHP we work to help you achieve these accomplishments by ensuring that:

- We make quality and stimulating topics available to you:
- Cover the entire spectrum of counselling services
- Provide for counsellors on various levels of seniority
- Develop expertise to improve the marketing value of counselling services
- Recruit credentialed CPD providers that can offer quality training aligned to scope of practice
- Establish online platforms and pursue other avenues to make CPD development more accessible, affordable and convenient to complete.

What we need you to do:

- Inform us about the choice of topics you would like to see presented
- Design a development pathway programme for yourself to increase your expertise as part of your POE
- Focus on the CPDs aligned to your developmental programme
- Punctually complete your prescribed CPDs for professional body compliance.
- Display your CPD certificates in your consulting room and on your website to make your clients aware of your professional development.

We believe that you will find the CPD modules for 2025 enriching and will enjoy completing them while learning.



Regards

Dr. Liezl Herholdt

ASCHP