



Association for Supportive Counsellors
& Holistic Practitioners NPC
Reg no: 2012/221416/08
SAQA recognized professional body (ID 984)
with NQF registered designations

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ASCHP Free Webinar 2024

We are happy to announce that our next free webinar is almost here.

Please join us on 10 October 2024 at 10h00 – 13h00.

Participating in this event will provide you with 3 free CPD points when proof of attendance is submitted.

Register here for the webinar: <https://www.videolearn.co.za/home/ViewCourse/b27c002e-61eb-4167-8a3d-8788ec847b46>

Learn more about our speakers below:

Dr Rienie Venter.

Meeting the need for well-being and counselling support at school level.



Rienie Venter was employed as Associate Professor at the Department of Psychology of Education, CEDU, Unisa. During her 27 years at the department, she has focused on, and developed study material for, life orientation, learning and learning challenges, behaviour challenges, child and adolescent development, talent identification, counselling individuals, couples and families, psychopathology, psychometric and expressive assessment, personality psychology and trauma counselling. She has supervised 19 MEd and PhD students to completion.

After completing her DEd on therapeutic guidelines for families of former cult members, she specialised in her educational psychology practice on working with former members of cults and families of former cult members. She has collaborated with the International Cultic Studies Association, based in New York, for the past 20 or more years and has presented papers on cult mind control at four international conferences. Several of the 17 accredited articles and book chapters that she published, focused on high-demand environments and unethical influence.



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Dr Leunis van Rooyen.

Cardiovascular wellness attending to the body's glycocalyx and bioelectromagnetism.

Dr Leunis van Rooyen is a registered Specialist Wellness Counsellor, with a Doctorate in Philosophy (Natural Medicine). He is a certified facilitator with expertise in assessing and optimising metabolic health, promoting enriched quality of life, and supporting holistic well-being. His practice focuses on existential counselling, addressing the clinical need for a body-mind integrated approach to wellness. He employs natural medicine to explore the underlying genetic predispositions to disease, offering root-cause care and preventive management. His counselling approach covers a range of life issues, including health challenges, weight management, chronic pain, trauma, mood disorders, prolonged stress, and chronic diseases and illness. It addresses all aspects of being human, helping individuals rediscover their motivation to live, retain, and find value in their experiences and creativity.



Dr van Rooyen thus helps individuals find meaning and motivation in life by encouraging them to embrace a future-oriented, positive outlook. He also incorporates Nutrigenomics in his counselling, helping individuals address genetic predispositions through personalised wellness plans and approach.

Dr van Rooyen has advanced his knowledge by completing studies at Harvard's Office of Technology Development, focusing on CRISPR-based gene therapy. CRISPR technology, which utilises the CRISPR-Cas system for gene editing, offers significant potential for addressing genetic issues.

However, Dr van Rooyen advocates that similar outcomes can often be achieved through natural medicine, emphasising nutrition, supplements, lifestyle changes, attitude, resilience, and environmental factors. This approach fosters overall well-being without invasive medical interventions.

In his presentation, Dr van Rooyen will highlight the critical importance of maintaining a healthy glycocalyx for cardiovascular health. He will also discuss the bioelectrical magnetism of the body, underscoring the need for a balanced, natural approach to health.

With systems biology in mind, his work ultimately aims to empower individuals to achieve thriving, holistic well-being through the integration of mind, body, spirit, and soul.



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Dr Joyce Schoeman.

Systemic health profiling and screening based on the salutogenic approach in wellness counselling.



Dr Joyce Schoeman, BA Psychology, Sociology, Anthropology, Criminology and Languages (UP), BA Hons. (Psychology) at the University of Pretoria, MA and PHD Wellness Counselling and Lifestyle Management (SUU) – She believes that every day is an opportunity to be a Change Agent to take back Joy and develop high levels of Gratitude!

In her day-to-day life she is ambassador for wellness and preventative lifestyle changes. She is an ASCHP Specialist Wellness Counsellor, specialising in **Screening and Profiling of Health Challenges**, with personalised recommendations to enhance quality of life on all dimensions of wellbeing. Her motto in life: “Prevention is better than cure!”

She believes natural approach to wellbeing, facilitating change during the supportive journeys undertaken with clients in her practice since 1987. Dr Joy is loved by her community with all the different services and supportive counselling services delivered. She has received awards for Leadership Development and Community Care on several occasions.

As a **ETDP SETA registered Trainer, Assessor, Moderator, Content Designer, RPL Practitioner and Skill Development Consultant, recognised Field Expert and Supervisor**, she has completed more than 5000 hours of academic support to learners in her capacity as facilitator. She serves South Africa by delivering skills development opportunities in Social Counselling. She also supports fellow counsellors to enhance their journey to care for other people. She collaborates with Services SETA, HWSETA and QTCO and several other registered service providers. She has been in private practice delivering Virtual and Counselling 1:1 since 1991. She is qualified as a psychometrist focussing on Ecometric Assessment, referring to specific systems-based screening for gaps in personal skills development. She is an Audiometrist and has Diploma in Medical Practice and Applied Kinesiology. She completed paralegal training at UCT. Her work experience includes working in the defence force as a Supportive Counsellor, orphanage as a Live-in Caretaker. Practice Manager at a neurologist for 9 years. Own Brain-Integrated Enhancing Movement Clinic. Freelance journalist for radio stations and coffee table magazine, own marketing company, and therapeutic interventions at a special school.

We hope that you will join us for this event and trust that you will find it insightful as you will expand your knowledge and enhance your approach to holistic care.

For any information, please contact Elsie at cpd.liedani@synergetica.co.za

Kind regards
Dr Liezl Herholdt