

# HOLISTIC HORIZONS

## BY ASCHP

Embracing Change:  
The extent and limits of  
ASCHP scope of  
practice.

**LETTER FROM  
OUR CEO**

**THE EXTENT AND  
LIMITS OF ASCHP  
SCOPE OF PRACTICE**

**MEMBER  
CONTRIBUTIONS**

**ASCHP 2024  
CPD**

**March 2024  
04**



The views expressed in articles authored for our magazine are those of the individual contributors and do not necessarily reflect the official stance of the ASCHP. We encourage diverse perspectives and open dialogue within the community.

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# HOLISTIC HORIZONS BY ASCHP

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J Vorster - Ethical Matters and Professional conduct

## **WORD FROM THE CEO**

Dr. Liezl Herholdt

## **WORD FROM THE FOUNDING PRESIDENT**

Dr. Marius D. Herholdt



ASCHP



# IN THIS ISSUE

This issue of our magazine kicks off with a seasonal reflection from our CEO, delves into the ASCHP's scope of practice, features insights from member Keshnie Mathi, outlines the CPD program for 2024, explores ethical matters and professional conduct, and concludes with new items and announcements.





# LETTER FROM OUR CEO

Dear ASCHP Members,

As we transition through the seasons of the year, each phase presents its unique challenges and rewards. In our journey at the Association for Supportive Counselors and Holistic Practitioners, we too experience these cyclical changes, reminiscent of the natural progression from autumn to summer.

Autumn, with its display of falling leaves and a chill in the air, often symbolizes a time of change and preparation. Similarly, our association has faced its own period of preparation and transformation. We have worked diligently to lay down the strategic groundwork, addressing challenges, and embracing the changes necessary to strengthen our community and enhance our professional offerings. Just as autumn requires the trees to shed their leaves in preparation for new growth, we too have had to let go of outdated practices to make way for innovation.

As we move forward, our sights are set on the promise of summer—a time of full bloom and fruition. The efforts we've sown throughout our metaphorical autumn are now poised to flourish. This upcoming period promises growth and warmth, reflecting the peak of our efforts where our initiatives will reach their full potential, benefiting every member involved.

Our focus remains steadfast on enriching our members' professional lives, expanding our outreach, and enhancing the holistic practices that define us. Let us embrace this transition with hope and determination, knowing that the richness of summer follows the transformation of autumn.

Together, let's continue to foster an environment where knowledge, practice, and community thrive. Thank you for your continued commitment and participation in our shared journey.

Warmest regards,

CEO



**"Wellness encompasses a healthy body, a sound mind, and a tranquil spirit. Enjoy the journey as you strive for wellness." – Laurette Gagnon Beaulieu**



# THE EXTENT AND LIMITS OF ASCHP SCOPE OF PRACTICE


“Most disciplinary cases encountered by the ASCHP and the CCSA revolves around the overstepping of scope of practice. This we ascribe to the observation that many counsellors may be incapable to differentiate between psychological counselling and wellness counselling. Accordingly, they get confused. In this short article we address this issue and it hope it could be useful for you as counsellor to take due note of the differences so that you can know your scope of practice.

Let me begin by clearly stating the following:

- The wellness counsellor (WC) is not a ‘little psychologist’ and as such are not permitted to practice of advertise any psychotherapeutic interventions.
- The WC does not operate in the domain of pathology and hence, does not diagnose, or treat. Wellness is a salutogenic approach open to screening, serving and support. When diagnosis or treatment may be required, the WC is obliged to refer a client. →



**Wellness Counselling will provide a space to discuss feelings and emotions to help identify stressors and develop strategies to improve wellbeing.**




-The WC practices a humanistic approach in counselling with the aim of improving total well-being. This means using personal virtues to practice with love, empathy, compassion, respect and tender support. From this angle, the WC can support people with less serious mental conditions by entering into a helping relationship cognisant of the idea that wellness is the complete integration of body, mind, and spirit - the realization that everything we do, think, feel, and believe has an effect on our state of well-being. By doing this we fill a space in the service industry that is much needed and exclusive to us.

Happy counselling.



Prof Marius D. Herholdt (Founding President ASCHP)



**"Wellness is the complete integration of body, mind, and spirit - the realization that everything we do, think, feel, and believe has an effect on our state of well-being." – Greg Anderson**

# Contributions from our members



## Write to us

Attention members of the Association for Supportive Counsellors and Holistic Practitioners (ASCHP)! We are thrilled to offer you the opportunity to contribute to our magazine. This is your platform to share insights, experiences, and wisdom in the realms of counselling, holistic practices, and wellness. Whether it's an article on innovative counselling techniques, personal stories of growth and healing, or research in holistic wellness, we value your unique perspectives. Each month, we will randomly select contributions from our members to be featured, celebrating the diverse and profound impact of our community. Please send your submissions to the email address provided at the end of this article. Share your expertise, inspire others, and be an integral part of our collective journey towards holistic health and well-being!

**TALK TO US**

**012 111 9002**

**[ads@aschp.net](mailto:ads@aschp.net)**





# "Empowering Wellness: Non-Diagnostic Screenings and the Path to Holistic Health"

By Keshnie Mathi  
Owner: The Wellness Specialist

In our pursuit of holistic well-being, the convergence of preventive healthcare measures and non-diagnostic screenings stands out as a model of proactive wellness and well-being. These screenings, performed by non-medical primary healthcare workers who are committed to wellness and well-being, represent a paradigm change towards personalised care and empowerment. This article explores the relationship between non-diagnostic screenings,

the wellness wheel framework, the domains of wellbeing, and Carl Rogers' person-centred theory to better understand their tremendous impact on promoting overall health and vitality.

## **What is a Non-Diagnostic Screening?**

Non-diagnostic screenings are proactive assessments that seek to identify warning signals or risk factors for health and well-being challenges without establishing a definitive diagnosis (Ruf & Morgan, 2008). They offer individuals critical information

about their health and well-being status, allowing for informed decision-making and promoting autonomy. This also provides opportunities for early intervention and preventative methods, which may result in better outcomes. Referral channels into multidisciplinary teams, including traditional diagnostic procedures, are frequently better received because the initial non-diagnostic screens have enabled individuals to go on a journey of self-discovery and proactive health management.

## **Integration with the Wellness Wheel:**

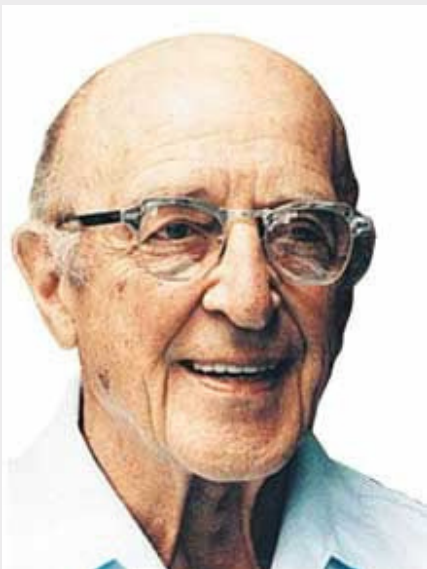
The wellness wheel framework is essential to the concept of holistic health because it acknowledges numerous dimensions of well-being, such as physical, emotional, social, intellectual, occupational, environmental, and spiritual wellness (Myers, J. E., & Sweeney, T. J., 2008). Non-diagnostic screenings fit neatly into this paradigm, addressing each factor fully. By examining multiple elements of wellness, these screenings provide a comprehensive view of an individual's health, encouraging a balanced and integrated approach to well-being. →

## Exploring the Domains of Wellness:

Incorporating non-diagnostic screenings into wellness programmes necessitates a thorough awareness of the various aspects of wellness. Each category contributes significantly to one's overall well-being, ranging from physical health and emotional resilience to social connectedness and intellectual stimulation. This awareness of the Indivisible Self (Sweeney, 2019) enables non-medical primary healthcare providers, such as wellness counsellors, with an opportunity to offer these screening tools as a way to guide clients in understanding their of domains, promoting a comprehensive awareness of health and wellness.

## Embracing Carl Rogers' Person-Centred Theory:

Non-diagnostic screenings are based on a commitment to person-centred care, as advocated by Carl Rogers' humanistic approach to support. Non-medical primary healthcare providers, such as wellness counsellors, foster a secure and supportive environment for clients to discuss their health concerns by focusing on empathy, genuineness, and unconditional positive respect. They facilitate the process with clients who are encouraged to take ownership of their health and wellbeing journeys, led by their own beliefs and ambitions, via active listening and empathic participation - with the client at the centre of care (Rogers, C. R., 1951).



## Advantages of non-diagnostic screenings:

1. Enables accessibility to a greater population and referrals are substantiated by individuals experiences over time (Goldschmidt et al., 2023)
2. Early Intervention: Non-diagnostic screenings help identify potential health and well-being concerns and promote preventative and early interventions.
3. Comprehensive Assessment: These screenings often provide a comprehensive assessment of an individual's wellness and well-being status, leading to the client having a better understanding of their own domains of wellness including areas that are normally overlooked such as culture and spirituality (Centre for Substance Abuse Treatment (US), 1970)
4. Personalised Guidance: Non-diagnostic screenings prioritise clients' requirements, preferences, and objectives. This also enables the practitioner to conduct "warm" referrals and increases the client's openness to the various options of care available
5. Empowerment: Non-diagnostic screenings promote autonomy and self-efficacy by facilitating collaborative and shared decision-making in well-being and wellness support.



## **Integration into Wellness Practices:**

Non-diagnostic screenings blend smoothly into wellness practices, enhancing existing initiatives with a personalised and comprehensive approach to health and wellbeing promotion. These screenings, whether included in wellness evaluations, lifestyle coaching sessions, or corporate wellness programmes, are excellent tools for cultivating a culture of proactive health management and empowerment (Goldschmidt et al., 2023).

## **Conclusion:**

Non-diagnostic screenings emerge as a cornerstone of proactive intervention in the goal of holistic well-being, working in tandem with the wellness wheel framework, wellness domains, and Carl Rogers' person-centred theory. As more wellness counsellors include these assessments into their practice, they pave the way for a

future in which wellbeing is more than just a destination, but a dynamic and empowering experience (Goldschmidt et al., 2023). We can all work together to create a healthier, more vibrant society by using the power of prevention, empathy, and personalised care.

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# 2024 ASCHP CPDs

Order your CPD'S now

Contact:

Elsie- 012 111 9002

cpd.liedani@synergetica.co.za

"Continual Professional Development (CPD) is the fuel that drives a career forward; it's the vital ingredient for staying relevant, knowledgeable, and at the forefront of one's field. In an ever-evolving world, CPDs ensure that our skills and understanding don't just keep pace, but lead the way."

1

## ETHICS 24.1

This CPD focuses on the ethical standards and practices essential for counselors and wellness practitioners. It covers topics like confidentiality, professional boundaries, ethical decision-making, and the importance of maintaining trust and integrity in client relationships.



2

## WELLNESS 24.2

This CPD explores various aspects of wellness, including physical, mental, and emotional health. It emphasizes holistic approaches to well-being, integrating lifestyle, nutrition, exercise, and stress management techniques to support overall health.





3

### COUNSELLING STYLES 24.3

This CPD offers an overview of different counselling styles and approaches, such as cognitive-behavioural therapy, person-centred therapy, and solution-focused therapy. It aims to enhance practitioners' understanding of how these styles can be effectively applied in various counselling scenarios



4

### WELLNESS MODALITIES 24.4

This CPD delves into various wellness modalities such as mindfulness, meditation, yoga, and aromatherapy. It provides insights into how these practices can be integrated into therapeutic settings to enhance client well-being.



5

### RESEARCH 24.5

This CPD is focused on the importance of research in counselling and wellness fields. It covers how to interpret and utilize research findings, the basics of conducting research, and the role of evidence-based practice in enhancing treatment outcomes.



6

## SELF DEVELOPMENT 24.6

This CPD emphasizes the importance of personal growth and development for practitioners. It covers self-awareness, self-care practices, and the development of personal and professional skills to improve counselling effectiveness and prevent burnout.

7

## COUNSELLING SKILLS 24.7

This CPD aims to enhance core counselling skills such as active listening, empathy, effective communication, and client engagement. It is designed to refine practitioners' abilities to establish rapport, support client growth, and navigate various counselling challenges.



We'd like to take a moment to emphasise the vital importance of engaging in Continuous Professional Development (CPD) programmes. CPDs are more than just a professional requirement; they are a cornerstone in the continuous growth and excellence in our field of counselling and wellness.

By participating in CPDs, you not only adhere to the high standards set by the ASCHP but also significantly enhance your skills and knowledge. Programmes like Ethics, Wellness, Counselling Styles, Wellness Modalities, and Research equip you with the latest information and methodologies in our ever-evolving field. They ensure that you stay at the forefront of best practices, which is essential for providing the highest quality of care to those we serve.

Moreover, CPDs like Self-Development and Counselling Skills are designed to support your personal and professional growth. They help in refining your abilities, ensuring you can face the diverse challenges of our profession with confidence and competence.

Remember, investing in CPDs is investing in yourself and the clients. Let's continue to grow, learn, and lead in the journey of supporting health and wellness in our communities.

# 2024 ASCHP CPD Providers



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"Continual Professional Development (CPD) is the fuel that drives a career forward; it's the vital ingredient for staying relevant, knowledgeable, and at the forefront of one's field. In an ever-evolving world, CPDs ensure that our skills and understanding don't just keep pace, but lead the way."

1

## HOPE HOUSE COUNSELLING: MANDY DENOON-STEVENSON. (REGISTERED COUNSELLOR)

At Hope House Counselling Centre, our training workshop takes the percipient on an enriching journey where theory meets practice. Our goal is to equip participants with an in-depth understanding and practical tools necessary to effectively address specific mental health problems. Mandy Denoon-Stevens, a registered counsellor, draws on her 30 years of counselling and supervision experience to impart a wealth of knowledge, augmented by valuable insights derived from real-life cases.



2

## DR THÉRÈSE HULME (DTH) AND LINDA VAN DUUREN (MTH).

A Narrative Therapy approach to counselling focuses on the way people create stories about their lives in order to make sense of their lives. The stories we tell of our lives influence the meaning we make of life events and the way we live our lives. A Narrative Therapist helps people to change and adapt the stories of their lives so that they can look forward to lives filled with greater possibility. Our webinars, workshops and mentoring groups are designed for people wishing to develop their counselling skillsets by integrating Narrative Therapy ideas into their personal and working lives. As qualified Narrative Therapists who have specialised in Narrative Pastoral Therapy, we have gathered a rich collective experience of working with children, young people, teachers, parents, families, youth/community workers and other caregivers over the past 20-plus years. Our hands-on work in schools, organisations, communities and private practice has allowed us to develop narrative Therapy ideas with a uniquely South African flavour. We look forward to sharing our skills with you.





**3****DR. MARIUS HERHOLDT**

Dr. Marius Herholdt, now semi-retired, serves as the Founding President of the ASCHP, a professional body for counsellors/coaches in SA. Apart from various undergraduate qualifications in science, healthcare, counselling and theology, he also holds a post-graduate degree in Medical Sociology from the North West University; an M.Th. from the University of South Africa; a D.Phil. in Philosophy from the Nelson Mandela Metropolitan University and a Ph.D. in Natural Medicine from Stafford University. He is also the recipient of various accolades; inter alia, the prestigious Gold Medal from the Indian Board of Alternative Medicine for his contribution to the field of counselling and alternative medicine. In terms of his expertise, he was recently appointed again as a visiting professor in Natural Medicine at the Gideon Robert University, Kampala.

**4****JAN POTGIETER**

Jan Hendrik Potgieter - Born: 6 Aug 1948 Matriculated - 1967 Middelburg Technical High School

The first encounter with human physiology started as a First Aid Officer in high school and later did an advanced first aid course, serving at sports events. Completed his Electrical Engineering Diploma in 1971. Studied psychosomatic diseases in 1988. Studied Orthomolecular Medicine and some herbals during 2000-2001. All the time helping people with health issues on a part-time basis until 2014 and then started a degree study with Synergetica Academy. Completed his B.A. Social Work (Wellness Healthcare & Counselling) degree at the end of 2020 through Gideon Robert University (Lusaka). Practiced full-time since 2015 as a Wellness Practitioner using Energy Medicine Equipment for screening and assisting with training on these devices. Jan made an in-depth study on the application of various methodologies of Energy Medicine.

**5****KESHNIE MATHI**

Keshnie Mathi started her career after graduating with a double major in Psychology from the University of Cape Town in 2004. During the past 17 years she has completed a post graduate diploma in Palliative Care, is a qualified birth, postpartum and death doula listed internationally via NEDA and is accredited as a Skills Development Facilitator, Assessor and Moderator with HWSETA, MICTSETA and the ETDP SETA. Keshnie holds an ODETDP qualification and trains practitioners in the area of trauma, End of life, Palliative Care and traumatic birth experiences. She also trains internationally accredited Trauma Debriefers and End of Life Doulas. Keshnie has worked internationally for 8 years and locally for 7 years, and has travelled to 52 countries learning about their customs, rituals and rites around Trauma support, death, dying and Bereavement. She has a counselling practice as well as a training company called The Wellness Specialist. She believes that care should be accessible to all and is the founder of the End of Life Supportive Alliance and the Global Trauma Response Centre which offer free support and trauma debriefing to individuals globally and 24/7, and also allows practitioners to practice their skills in a supervised environment. Keshnie also speaks at conferences and events around transitional support of the living, and the dying. She draws inspiration from her 2 earth babies, her husband, and her son who was born still. Her motto is from Ram Dass who said, "We're all just walking each other home."



## 6 DR. JOYCE SCHOEMAN

Dr. Joyce Schoeman, BA Psychology, Sociology, Anthropology, Criminology and Languages (UP), BA Hons. (Psychology) at the University of Pretoria, MA and PHD Wellness Counselling and Lifestyle Management (SUU) – She believes that every day is an opportunity to be a Change Agent to take back Joy and develop high levels of Gratitude!

In her day-to-day life she is ambassador for wellness and preventative lifestyle changes. She is an ASCHP Specialist Wellness Counsellor, specialising in Screening and Profiling of Health Challenges, with personalised recommendations to enhance quality of life on all dimensions of wellbeing. Her motto in life: “Prevention is better than cure!”

She believes natural approach to wellbeing, facilitating change during the supportive journeys undertaken with clients in her practice since 1987. Dr Joy is loved by her community with all the different services and supportive counselling services delivered. She has received awards for Leadership Development and Community Care on several occasions.

As an ETDP SETA registered Trainer, Assessor, Moderator, Content Designer, RPL Practitioner and Skill Development Consultant, recognised Field Expert and Supervisor, she has completed more than 5000 hours of academic support to learners in her capacity as facilitator. She serves South Africa by delivering skills development opportunities in Social Counselling. She also supports fellow counsellors to enhance their journey to care for other people. She collaborates with Services SETA, HWSETA and QTCO and several other registered service providers.

She has been in private practice delivering Virtual and Counselling 1:1 since 1991. She is qualified as a psychometrist focusing on Ecometric Assessment, referring to specific systems-based screening for gaps in personal skills development. She is an Audiometrist and has Diploma in Medical Practice and Applied Kinesiology. She completed paralegal training at UCT.

Her work experience includes working in the defence force as a Supportive Counsellor, orphanage as a Live-in Caretaker. Practice Manager at a neurologist for 9 years. Own Brain-Integrated Enhancing Movement Clinic. Freelance journalist for radio stations and coffee table magazine, own marketing company, and therapeutic interventions at a special school.



## 7 DR. MARIUS POTGIETER

Dr. H (Marius) Potgieter majored in Philosophy and later completed a doctorate in Systematic Theology at UNISA. He had been a pastor for 36 years in the NG Church. He then trained at Synergetica as a professional Natural Health Practitioner and later as a Specialist Wellness Counsellor. Dr Marius wrote books on spirituality, the church, herbs and lifestyle.





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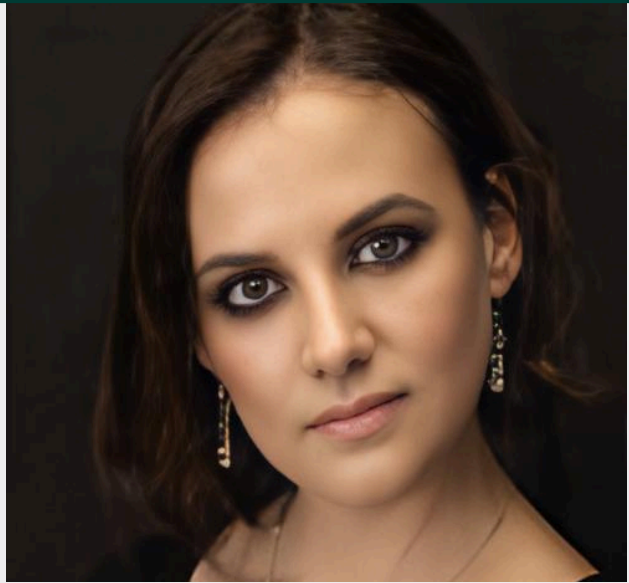
**CARINE STEENKAMP**

Carine Steenkamp is a Trauma Counsellor and a dyslexia specialist who has been extensively involved in research, training of Educators & Therapists, and offering business & Franchising solutions since 1999. She was the former CEO of GoFocus Learning Centres.

9

**DR. ARIEN VAN DER MERWE**

Dr Arien van der Merwe is a medical doctor and specialist holistic health counsellor, mind-body and integrative, natural medicine, stress management, workplace wellness and longevity practitioner and trainer. Arien is a bestselling author and well-known and experienced public speaker, facilitator and trainer. Her passion is Health Education and she uses all media to disseminate good-news, solution-based health information. She participates in many Real Health episodes (DStv Home Channel), Kyknet, Minki Gesels Met, Radio Pulpit (Radio Kansel), RSG. Anri van Rooyen and Dr Arien are partners (and mother and daughter) in Ariani Health Solutions.



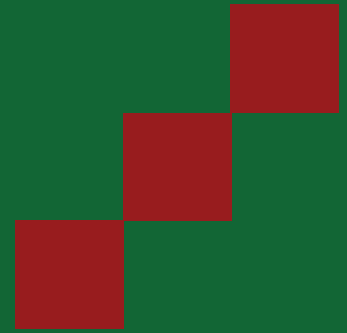
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**ANRI VAN ROOYEN**

Anri van Rooyen is a holistic counsellor and health/fitness scientist. Anri completed her MSc in Sport Physiology and she is also a personal fitness trainer. Her passion is Health Education to spread the good news of health and happiness, for all! Anri's special interest is holistic weight loss, as overweight/obesity runs in her family. She has dedicated her life's work to educating health practitioners and clients/patients on holistic weight loss, using a mind-body-soul approach including lifestyle changes and mindfulness practices to ensure long-term results. Anri participates in many Real Health episodes (DStv Home Channel), Kyknet and Minki Gesels Met, and contributes to many online and hard copy publications and programmes. Anri and Dr Arien van der Merwe are partners (a mother-and-daughter duo) in Ariani Health Solutions.

Anri's first CPD course is Holistic Weight Loss – A Mindful Living Approach. In 2021 she also completed her exercise, nutrition and lifestyle CPD courses.

# ETHICAL MATTERS AND PROFESSIONAL CONDUCT



"Navigating Ethics and Professionalism on online platforms: A Guideline from the ASCHP

When members of the Association for Supportive Counselors and Holistic Practitioners (ASCHP) engage with social media platforms, they carry the responsibility of representing the association's values and professional standards accurately and ethically. Misrepresentations on platforms like Facebook, whether inadvertent or deliberate, can lead to significant ethical dilemmas and misconduct, undermining the credibility of both the individual and the association.

This type of misconduct might manifest as sharing unverified information, misstating qualifications or capabilities, or using the ASCHP's brand inappropriately for personal or professional gain. Such actions contravene the ASCHP's ethical guidelines, which are designed to maintain the integrity and professionalism of the field. Misrepresentation can confuse or mislead clients and the public, potentially leading to a loss of trust in the holistic practices endorsed by the ASCHP.

Additionally, when ASCHP members advertise their services online, it is imperative that what they promote aligns with the scope of practice associated with their membership and designation.

Importantly, members must clearly understand and communicate that psychotherapies are not included within their scope of practice.

Furthermore, ethical breaches on social media can attract media attention, leading to reputational damage that is hard to repair. The repercussions of such ethical lapses are grave, potentially including sanctions, suspension, or even expulsion from the association. ASCHP members are

therefore encouraged to conduct themselves with the highest degree of honesty and integrity when presenting themselves and the association online, ensuring that their actions always align with the ethical standards set forth by the ASCHP.

J Vorster



# News items and announcements

Dear Members

The Association for Supportive Counsellors & Holistic Practitioners (ASCHP) is pleased to announce our partnership with VNI. Please be aware that all communications received from VNI are official correspondences on behalf of the ASCHP. VNI is not an independent institution but operates in close collaboration with us, ensuring that our shared messages and initiatives reach you seamlessly. This partnership reflects our commitment to enhancing our service and communication channels for the benefit of our members.

Warm regards,

THE ASCHP TEAM

## TALK TO US

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"Wellness is the complete integration of body, mind, and spirit." - Greg Anderson



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# The Wellness Specialist



## CPDs

We offer CPDs in topics related to neurodiversity, grief, end of life/palliative care, perinatal loss and bereavement as well as support for children



## PsychUP

The Psychup Counsellor Development Programme bridges the link between theory and practical for those who want to register with the ASCHP



## Coaching

We offer coaching & training to help build businesses & skill ADHD/Executive Functioning  
Business Development  
Trauma Debriefing  
Career Coaching  
Neurocoaching

## About Us

The Wellness Specialist is an accredited training company focused on skills development for mental health, education and wellness practitioners. We offer CPDs for the ASCHP, HPCSA and CCSA. We believe in creating networks and communities of care through collaboration.



+27 61 462 7419

Website : [www.wellnessspecialist.co.za](http://www.wellnessspecialist.co.za)

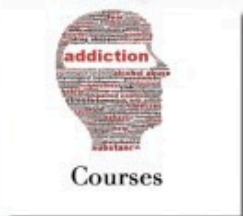
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## ACCSA - Addiction Education Provider of CEU/CPD and Certification

ACCSA is your one stop provider of all your addiction education needs for both addiction professionals and the general public sector. Our three Tiers are tailor made to suit any addiction education needs for the starting candidate to the experienced addiction professional. ACCSA is a NAADAC approved education provider for CE (Continuing Education) and CPD (Continuing Professional Development) credits.



**The First Tier** covers all addiction related topics to suit the needs of any student, whether only interested in specific topics, or for those wanting to further their education in progressing towards any international addiction certification. All our First Tier Modules are accredited both locally (CPD) and internationally (CEU) for continuing education credit.



**The Second Tier** are specialized packages of multiple courses suited to specific needs of the candidate, whether interested in addictions counselling, general addiction related information, or other particular field related to the addiction profession.



**The Third Tier** are the IC&RC Internationally recognized and accredited addiction certifications that most addiction professionals strive towards when specializing in the addiction field. ACCSA facilitates the application process with IC&RC Boards in the United States, and facilitates the online examinations as a registered provider for ISO Quality Testing USA.

### Who Do We Serve?

- People who want to work in the field of addiction
- People who already work as addictions professionals
- Addictions rehabilitation centres
- All other stakeholders including but not limited to government departments, businesses, public institutions, education institutions, professional boards, individuals and the general public

Our first task was to provide courses and certifications to addiction counsellors in South Africa. But ACCSA is evolving to provide education to a broader scope of students, now including other addiction related professions and the general public. Our course and certification structure will continue to grow and evolve every year, ensuring that we keep our standards at world class level.

### What Do We Offer?

#### 1. Education and Empowerment

Government departments, businesses, schools, businesses and institutions face the problem of addiction in various ways. We aim to offer high-quality information and education to all people affected by addiction who wish to respond to the problem in line with international best practise.


#### 2. Accreditation and Upskilling

People already working in the field of addiction, regardless of designation, can benefit from our internationally accredited course modules that offer both CPD and CEU points, improving both skill level and credibility in the industry.

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