



## ONLINE EVENT - 11 OCTOBER 2023 MEET THE SPEAKERS

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**10:00 AM** **Dr Liezl Herholdt:** Welcoming

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**Dr. Vic Herbst:** The chemical and pharmacological parameters of substance abuse victims and the recovery thereof (+- 45min)

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**Charlenè de Nysschen:** Integrating kinesiology into counselling practice (+- 45min)

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**Dr Marina Basson:** Interdisciplinary collaboration in sexual healing modalities, medical sociology and intimacy coaching (+- 45min)

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**Stanford Chabayanzara:** Cross-Cultural aspects of wellness counselling (+- 45min)

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**Dr Liezl Herholdt:** Closing words

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**TO REGISTER, USE LINK DOWN BELOW**

**[www.videolearn.co.za](http://www.videolearn.co.za)**



Dr. Vic Herbst

Phd. Presiding Pastor, AFM Grace Line Family Church.

Born:30 September 1961 Married to: Elize (ordained pastor, marriage officer and commissioner of oaths), they have two children, Natanya and Reinhard and six grandchildren, four boys and two girls.

Natanya and he husband both are senior lecturer's at North West University, Natanya obtains her Ph.D at the age of 34 and Danie her husband is a professor and subject director. Reinhard is currently a Engineering project manager and his wife Karin a professional hair and makeup technician. They are both in the music industry, with many accolades, appearing on TV and cd's released.

Vic did national service 1979-1980 (two years) as a signalman and spend much of this time on the border as a lieutenant, and transferred to the SA Reservist core in 1987, currently the Deputy Cluster Head Reservist Sedibeng Cluster with 31 years of service. During this time he received several service medals including the Pro patria medal for border service. He serves as a senior officer

Vic entered into seminary in 1983 after leaving Wits University as a second year geologist student. After completing a BTH degree in pastoral psychology in 1987, he enters full time ministry with the Apostolic Faith Mission Church of South Africa. Both he and Elize have been the pastors for the past 11 years at one of the oldest congregations, that has been on the same premises for 90 years. He also met Elize there 41 years back as young youths.

Through the years vic started two successful construction companies but his passion always brought him back to ministry. Vic completed his PPL in 1981 at Rand Flight School, currently still licensed with 2300 hours on various aircraft such as C150,152, C172,C182, C206, C210 and is twin engine rated. He flies a LSA Cheetah recreational currently.

Vic is a registered SAQA Facilitator, assessor, moderator and skills development facilitator. Registered at SAQA and EDTP SETA In 2010 he completed a Masters degree in the management of Counselling Title " Dealing with the psyche of man, with regards to emotional restoration

" In 2016 he completes the first of two doctoral degrees.

Title " Dealing with suicide tendencies in young males-a total approach "

In 2018 he completed the second Doctorate, Title " The danger of the stigma attached to the treatment of suicide prone males" He is also a par-time lecturer and researcher at North West University (vaal campus). Vic is a registered specialist Counselor and serves on the Counsellors professional body, ASCHP, Association for Supportive Counsellors and Holistic Practitioners, ( SAQA reg no 984) board of directors. He is also the South Gauteng regional coordinator.

My love and passion is ministering the word of God to all nations and imparting knowledge where ever i can



Stanford Chabayanzara

I am a resilience coach, author, and speaker. I am passionate about helping people tap into their inner brilliance and greatness, regardless of their background or circumstances.

I hail from a family of seven, the eldest among my siblings, brought up in a financially poor rural village in Zimbabwe. Life wasn't a walk in the park – my dad passed away when I was just 14, leaving my mom as the anchor, depending on subsistence farming to keep us afloat. We lived off rain's mercy for sustenance, let me just say, times were tough. Our means were modest, but my mom had a heart of gold that shone brighter than anything. Despite the odds, I persevered. I walked 14 kilometers barefoot each day to reach the nearest school. And when I was gearing up for my o'level final exams, life threw me a curveball. I dropped out of school.

So, I packed my dreams and headed to Harare, with dreams of turning things around. But let me be real – city life hit hard. I ended up toiling on a farm for two years, my aspirations drifting farther away. Yet, I wasn't one to bow down to challenges. I returned to my roots, determined to complete what I'd started – I sat for my ordinary level exams in 2000 and aced them all. Work was scarce, but I persisted, eventually landing a job with the Zimbabwean government where I worked for three years. Then the unexpected happened, Zimbabwe's economic tides shifted, and I found myself in South Africa seeking brighter opportunities. Construction gigs and taxi driving filled my days. But in 2007, a life-altering encounter took place. I picked up a professor (passenger), who saw potential in me and offered me a position as an office administrator in his office.

It was during this phase that I stumbled upon the magic of reading, and boy, did it change everything. Books became my secret weapon. They revealed that success leaves clues, often tucked away in the stories of those who've triumphed and stumbled. I realized the wisdom of sharing wins and losses through books, and I embraced it wholeheartedly. I became a knowledge sponge, soaking up insights and ideas that I never would have encountered otherwise. My journey has taught me that it doesn't matter where you come from or what life throws at you. What matters is your response. The power to transform your life rests in your hands. Challenges might come your way, but you're not a victim unless you choose to be one. Your journey from struggle to success is carved by the choices you make and the actions you take, not by where you begin.

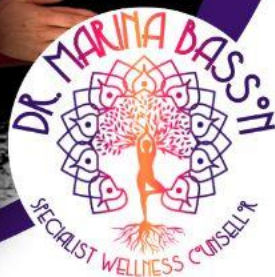
Through my resilience coaching, writing, and speaking, I inspire people to overcome their challenges, achieve their goals, and live their best lives. I believe that everyone has the potential to succeed, and I am committed to helping them tap into their inner greatness.

### **Academic Qualifications OF Stanford Chabayanzara**

Bachelor of Business Administration (Marketing)

Bachelor of Social Work in Wellness Healthcare & Counselling

Master of Business Administration



# PROFESSIONAL PROFILE

"I consider my soul purpose to be that of a healer, motivational speaker and a teacher, and as such, I have dedicated my life to the art of teaching and empowering those who choose to learn from me."

## ABOUT

"I realised long ago that humans are not one dimensional and that teaching and healing would require me to view them as holistic beings.

That prompted me to study both scientific routes as well as esoteric routes, ensuring that I acquired the necessary skills and knowledge to fulfil my role as teacher, motivational speaker, and healer. This has allowed me to engage with people from a balanced perspective, intellectually as well as emotionally and energetically

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My focus is couples, particularly those transitioning into consensual non monogamy as well as those who have encountered problems within the lifestyle.

In conjunction to the Intimacy coaching, I offer REIKI healing, life coaching as well as EFT sessions, which are enablers to rewiring the energetic fields within. These are specifically used for trauma release, stress release, focused breathing, and somatic calmness, which ultimately lead to a more satisfying sex life.

**"I live by a simple mantra – always approach life from a space of love. That is all"**

### Qualifications

**My scientific/ academic studies include but not limited to:**

- **UNISA – Bachelors' Degree** - Forensic Psychology
- **NWU – NWU -Honours Degree** – Medical Sociology
- **NWU – Masters' Degree** – Medical Sociology
- **NWU – Doctorate Ph.D** – Sociology
- **SASSETA Qualification** – Crime Scene Investigator
- **FINANCIAL MANAGEMENT INSTITUTE OF SA** -Diploma – Financial Accounting
- **THE ACADEMY OF MODERN APPLIED PSYCHOLOGY** – Life Coach Certification
- **SOUTH AFRICAN LIFE COACHING ACADEMY** – Certified Emotional Freedom Therapist Practitioner
- **INTIMACY COACH INTERNATIONAL** – Advanced Intimacy Coach Practitioner

**My esoteric/artistic studies include but not limited to:**

- **SADTA** – Licentiate dance teacher
- **ASIA SAMIA** – International Licentiate dance teacher
- **VITERA** – Reiki Master
- **CRYSTAL POWERS** – Violet Flame Reiki Master
- **VIRTUED ACADEMY INTERNATIONAL** – Tantra Reiki Master/Teacher
- **SACHIN KARVE** – Master Quantum Healer

**My Professional registrations and affiliations include but not limited to :**

- **ASCHP** -Specialist Wellness Counsellor #SWC22/1314
- **CSA/International** – Advanced Intimacy Coach #1012201
- **SASSETA** – Crime Scene Investigator #59989.

**CONTACT NOW**



**Call/WhatsApp**  
076 836 4065



Charlene de Nysschen

MSocSc Wellness and Healthcare, ICPKP International Diploma in Kinesiology

Charlene is an eternal student, holding qualifications as a Kinesiology and currently pursuing a Ph.D. in Wellness and Healthcare. Her passions lie in observing and facilitating the progress and transformation of clients, which she finds profoundly rewarding within the realm of wellness and helping profession.

By attending this free webinar on the 11th October, you will earn 3(general) CPD points. These points are valid for 2023 and 2024